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PROVIDERS

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LOCATIONS

Southwest Dallas / Duncanville
1018 E. Wheatland Rd
Duncanville, Texas 75116

STRESS ECHO/TREADMILL ETT

Instructions:

1. No caffeine after midnight. Includes- tea, chocolate, and sprite.
2. Wear two-piece comfortable clothing.
3. Wear comfortable shoes. (No flip flops or dress shoes)
4. Hold any beta blocker medication
(if not sure hold all medication until after test).
5. No lotion on chest and stomach area.
6. Shave Chest (Men).
7. Only eat light meal prior to test if needed.
8. Bring inhaler if needed. (asthma patients).

****Test takes approx. 1 hour.**

****If you are more than 15 mins late you will have to be rescheduled.**